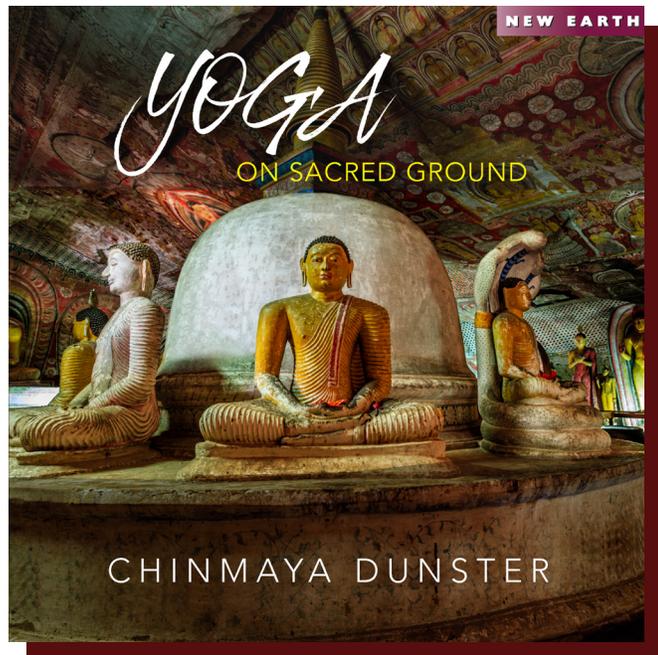


Yoga: On Sacred Ground

Chinmaya Dunster

NE 3702

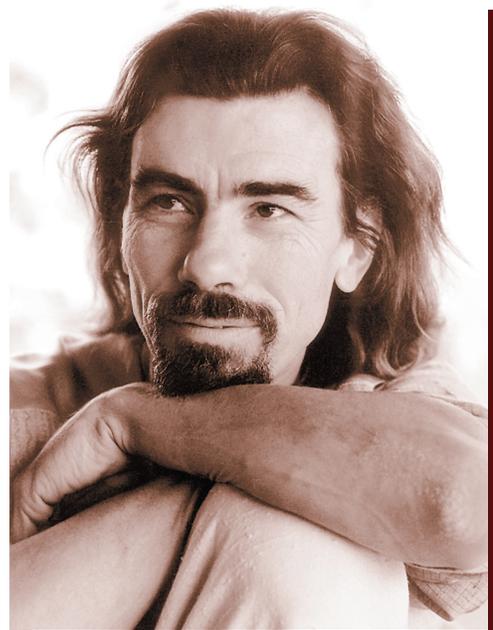


track listing

1 Natrani (Queen of the Dance)	10:18
2 Gratitude	5:11
3 Breathing - Prana	8:13
4 On Sacred Ground	12:02
5 The Watcher	10:13
6 Ha-Tha (Sun Meets Moon)	3:55
7 Purnima Namashkar (Homage to the Full Moon)	8:26
8 Shivasana (Bonus Track)	6:17
Total Time	64:35

album description

"In the years since (I first experienced yoga), while continuing to practice the asanas intermittently (people who know me well will recognize the irresistible attraction to a fresh green lawn has to make me stand on my head!), I have explored other forms of movement-based meditation such as Osho's dynamic meditations, Tai Chi, and landscape gardening. Reconnecting with Yoga philosophy in the making of this album has been a great pleasure for me, one that I hope you will find reflected in the music." - Chinmaya Dunster



artist bio

Brought up in rural Kent, England in the 1950's, Chinmaya decided to become a hippie at age fifteen. Wanderings on the hippie trail through Iran, Afghanistan and Pakistan gave him a taste for the East and its music. A decade of intense study of the sarod with gurus in London and India led to him performing at the Osho Commune in Pune, India in 1989 and his first releases on New Earth Records. He co-ordinated the large music department at the Commune for many years and has produced many of its musicians CDs. In 1997 he recorded the album 'Celtic Ragas', which Paul McCartney fell in love with and invited him to perform at his wedding in Ireland in 2002.

Over the years Chinmaya has become involved in raising awareness for environmental and social justice issues in his adopted homeland, India. His films have been shown at festivals around the world, and can be seen on his YouTube channel. He is currently based in New Zealand with his partner and their daughter.

Chinmaya Dunster

NE 3702

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File Under: New Age



New Earth Records

Exploring the Mystery of Sound and Silence

www.newearthrecords.com

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